

Top 10 All-Time Results in Rugby							
100 Meter Dash		Year	Time	200 Meter Dash		Year	Time
1	Nigel Hageness	2014	10.49	1	Justin Schiele	1999	21.69
2	Eric Nelson	2008	10.61	2	Nigel Hageness	2012	21.91
3	Eric Bachmeier	1991	10.66	3	Cade Heilman	2017	21.94
4	Bruce Gronvold	1979	10.80	4	Scott Frueh	1993	22.08
5	Jusitn Schiele	1999	10.85	5	Eric Bachmeier	1991	22.17
6	Daniel Mosser	2004	10.86	6	Bruce Gronvold	1980	22.19
7	Scott Frueh	1993	10.91	7	Travis Anderson	1998	22.25
	Tom Heilman	1998	10.91	8	Mike Zwingel	2008	22.37
	Keleprie Rakabikabi	2003	10.91	9	Cody Gronvold	2005	22.42
10	Ian Keller	2010	11.00	10	Scott Hauck	1997	22.52
	Brian Herman	1987	11.00				
	Duane Massine	1970	11.00				
	Steve Hendrickson	1969	11.00				
	John Hilzendager	1969	11.00				
400 Meter Dash		Year	Time	800 Meter Dash		Year	Time
1	Scott Frueh	1993	49.53	1	Kevin Miiller	1990	1:55.91
2	Cody Gronvold	2006	50.50	2	Jason Fritz	1988	1:59.27
3	Travis Anderson	1998	50.59		Dyaln Yoder	2009	1:59.27
4	Eric Bachmeier	1991	50.80	4	Kyle Volk	2011	2:00.34
5	Bruce Gronvold	1979	51.00	5	Scott Frueh	1992	2:00.98
6	Josh Anderson	2000	51.17	6	D. M. Anderson	1979	2:01.10
7	Jeff Sperry	1970	51.50	7	Jim Johnston	1989	2:02.20
8	Dexter Voeller	1994	51.74	8	Scott Brandt	1995	2:02.24
9	Kevin Miiller	1989	51.84	9	Dexter Voeller	1993	2:02.65
10	Dyan Yoder	2010	51.85	10	Jacob Blessum	2017	2:03.22
1600 Meter Run		Year	Time	3200 Meter Run		Year	Time
1	Kevin Miiller	1990	4:19.46	1	Kevin Miiller	1990	9:22.15
2	Jason Fritz	1988	4:19.58	2	Jason Fritz	1988	9:28.06
3	Scott Brandt	1994	4:30.69	3	Jim Johnston	1988	9:57.55
4	Dylan Yoder	2009	4:32.59	4	Scott Brandt	1995	10:03.38
5	Jim Johnston	1989	4:34.75	5	Dylan Yoder	2007	10:09.7
6	Brent Hoffert	1992	4:34.99	6	Eric Wangler	2010	10:20.1
7	Kyle Volk	2011	4:37.31	7	Rob Halvorson	1982	10:25.0
8	Dustin Jundt	2010	4:39.00	8	Dawson Schepp	2016	10:25.3
9	Rob Halvorson	1982	4:39.1	9	Brent Hoffert	1992	10:28.9
10	Carlan Kraft	1963	4:44.8	10	Kyle Volk	2010	10:32.8
110 High Hurdles		Year	Time	300 I.M. Hurdles		Year	Time
1	Eric Kuntz	2010	14.54	1	Cody Gronvold	2006	38.62
2	Cody Gronvold	2006	14.68	2	Eric Kuntz	2010	38.83
3	D.J. Anderson	1978	14.80	3	Tom Heilman	1998	40.24
4	Curt Jaeger	1986	15.05	4	D.J. Anderson	1978	40.50
5	Jeff Volk	1981	15.12	5	Victor Gronvold	2016	41.03
6	Paul Presthus	1962	15.35	6	Kirk Kreklau	1994	41.06
7	Victor Gronvold	2016	15.40		Curt Jaeger	1986	41.06
8	Gary Axtman	1982	15.53	8	Brandon Cameron	2001	41.48
9	Kirk Kreklau	1993	15.58	9	Lyle Kraft	1980	41.50
10	Mike Muffenbier	1988	15.61	10	Nolan Hovland	2014	41.51

	High Jump	Year	Height			Long Jump	Year	Distance
1	Nolan Hovland	2015	6'8"		1	Bryant Halvorson	2009	22'11.25"
2	Ryan Michels	2016	6'6"		2	Brad Heidlebaugh	2014	22'6.75"
3	Jason Frueh	1999	6'5"		3	Aaron Teigen	2010	22'6.5"
4	Justin Schiele	1999	6'4.25"		4	Eric Kuntz	2010	22'6"
	Tanner Schilke	2001	6'4"		5	Chuck McGuire	1961	22'4.25"
	Dustin Schneibel	1995	6'4"		6	Ian Keller	2010	22'1.75"
7	Justin Keller	2005	6'3"		7	Kellan Schmaltz	2007	22'1.5"
8	Willy Paul	2007	6'2"		8	Tom Stenson	1978	22'.5"
	Chad Thiel	1993	6'2"		9	Ryan Michels	2016	21'10.5"
	Don Lennon	1984	6'2"		10	Tanner Bernhardt	2015	21'9.5"
	Pole Vault	Year	Height			Discus	Year	Distance
1	Tom Heilman	1998	15'0"		1	Dale Sanderson	1976	167'10"
2	David Gjovik	1991	14'8"		2	Brad Heidlebaugh	2014	161'10"
3	Cody Gronvold	2006	14'6"		3	Dale Schneibel	1980	160'1.5"
4	Eric Kuntz	2011	14'3"		4	Rick Bier	1983	154'5"
5	Cody Goetz	2005	14'1"		5	Shane Duchscher	2001	153'2"
	Jan Corpus	1992	14'1"		6	Eric Odegard	1988	149'10"
7	Zach Axtman	2004	13'9"		7	Craig Minette	1993	148'4"
	Victor Gronvold	2016	13'9"		8	Todd Jensen	1976	146'6"
9	Jon Corpus	1995	13'7"		9	George Gilmore	1968	144'3"
10	Jason Blomster	1995	13'6"		10	Dave Stoxen	1978	143'10"
	Kyle Dillard	2004	13'6"					
	Shot Put	Year	Distance			Javelin(retired)	Year	Distance
1	Shane Duchscher	2001	53'7"		1	Donavon Schneibe	1975	177'11"
2	David Schneibel	1991	53'2"		2	Ron Kirchofner	1969	172'0"
3	Dale Schneibel	1980	52'7.25"		3	D. M. Anderson	1979	169'11"
4	Val Eylands	1970	52'1.75"		4	Dale Sandeson	1976	169'10"
5	Travis Fritel	2007	51'2'		5	Paul Ripplinger	1985	168'7"
6	Eric Stevenson	2004	51'0.5"		6	Dave Bolinske	1976	164'8.5"
7	Greg Johnson	1970	51'0"		7	Glen Paul	1985	160'6"
8	Wayne Stevenson	1968	50'8"		8	Todd Harper	1981	159'7.5"
9	Rick Bier	1983	50'7"		9	Jeff Spillum	1957	158'9"
10	Kris Thiel	2000	49'2"		10	Don Hardy	1977	158'1"
	Triple Jump	Year	Distance			Restricted Javelin	Year	Distance
1	Nolan Hovland	2015	46'5.25"		1	Dustin Schneibel	1995	174'0"
2	Jason Frueh	1998	45'6.5"		2	Reed Duchscher	2007	173'7"
3	Zach Miller	2014	44'8"		3	Josh Michels	2013	169'10"
4	Brad Heidlebaugh	2014	44'3.5"		4	Mike Stanley	2001	168'8"
5	Tanner Bernhardt	2014	43'7"		5	David McAtee	2011	165'7"
6	Ian Keller	2010	42'10.5"		6	Josh Halvorson	2004	164'8"
7	Willy Paul	2007	42'7"		7	John Tuchscherer	2005	164'4"
	Eric Kuntz	2009	42'7"		8	Zach Thompson	2010	163'2"
9	Austin Schmaltz	2002	42'6"		9	Jeff Murtaugh	1996	163'1"
	Bryant Halvorson	2009	42'6"		10	Jarett Lovcik	2012	160'11"

	<b>4 x 100 Meter Relay</b>	<b>Time</b>	<b>Participants</b>				
1	2017	43.90	Dustin Herold, Kade Leier, Kaden Jaeger, Cade Heilman				
2	2012	44.19	Mackenzie Koenig, Chris Hamilton, Jaden Welk, Nigel Hageness				
3	2008	44.42	Eric Nelson, Mike Zwingel, Kellan Schmaltz, Bryant Halvorson				
4	2013	44.76	Mackenzie Koenig, Chris Hamilton, Eli Luna, Nigel Hageness				
5	1996	44.89	Jon Corpus, Jason Blomster, Tom Heilman, Scott Hauck				
6	1980	44.90	Lyle Kraft, Lance Kraft, Mitch Anderson, Bruce Gronvold				
7	2009	45.03	Justin Hall, Aaron Teigen, Ian Keller, Bryant Halvorson				
8	2002	45.19	Mike Stanley, Rich Danielson, Austin Schmaltz, Mike Schiff				
9	1970	45.20	Duane Massine, Jeff Sperry, John Parkman, Val Eylands				
10	1992	45.22	Jan Corpus, Kirk Kreklau, Scott Hagel, Eric Bachmeier				
	<b>4 x 200 Meter Relay</b>	<b>Time</b>	<b>Participants</b>				
1	1999	1:31.50	Todd Leier, Travis Anderson, Mike Duchscher, Justin Schiele				
2	1998	1:31.98	Tom Heilman, Justin Schiele, Luke Boe, Travis Anderson				
3	1969	1:32.10	John Hilzendager, Duane Massine, Jeff Sperry, Steve Hendrickson				
4	1996	1:32.46	Tom Heilman, Jason Blomster, Travis Anderson, Scott Hauck				
	2012	1:32.46	Mackenzie Koenig, Chris Hamilton, Jaden Welk, Nigel Hageness				
7	1980	1:32.70	Lyle Kraft, Mitch Anderson, Lance Kraft, Bruce Gronvold				
6	2008	1:32.72	Eric Nelson, Mike Zwingel, Kellan Schmaltz, Bryant Halvorson				
8	1997	1:33.09	Tom Heilman, Travis Anderson, Luke Boe, Scott Hauck				
9	2002	1:33.11	Brandon Cameron, Aaron Hallof, Rich Danielson, Mike Schiff				
10	2014	1:33.20	Chris Hamilton, Tanner Bernhardt, Victor Gronvold, Brad Heidlebaugh				
	<b>4 x 400 Meter Relay</b>	<b>Time</b>	<b>Participants</b>				
1	1998	3:27.24	Travis Vangsness, Tom Heilman, Luke Boe, Travis Anderson				
2	1992	3:28.37	Brent Hoffert, Dexter Voeller, Scott Frueh, Eric Bachmeier				
3	2006	3:30.78	Mike Schmaltz, Jacoby Leer, Reed Duchscher, Cody Gronvold				
4	2008	3:30.89	Eric Nelson, Aaron Teigen, Dylan Yoder, Mike Zwingel				
5	2009	3:31.32	Justin Hall, Josh Houim, Aaron Teigen, Dylan Yoder				
6	1989	3:31.36	Nathan Hendrickson, Pat Hoffart, Chad Arthur, Kevin Miiller				
7	2010	3:31.90	Levi Schaan, Eric Kuntz, Dylan Yoder, Aaron Teigen				
8	2000	3:32.26	Mike Schiff, Jesse Fritz, Mike Duchscher, Josh Anderson				
9	1993	3:32.28	Chad Nelson, Scott Brandt, Dexter Voeller, Scott Frueh				
10	1996	3:33.03	Jeff Murtaugh, Shawn Keller, Scott Hauck, Travis Anderson				
	<b>4 x 800 Meter Relay</b>	<b>Time</b>	<b>Participants</b>				
1	1988	8:05.13	Mark Myhre, Jason Fritz, Jim Johnston, Kevin Miiller				
2	1989	8:08.58	Mark Myhre, Pat Hoffart, Jim Johnston, Kevin Miiller				
3	1987	8:23.02	Mark Myhre, Jason Fritz, Jim Johnston, Kevin Miiller				
4	2011	8:26.01	Eric Wangler, David McAtee, Kent Schmaltz, Kyle Volk				
5	2010	8:26.61	Eric Wangler, Dustin Jundt, Kyle Volk, Dylan Yoder				
6	2009	8:27.26	David McAtee, Dustin Jundt, Kyle Volk, Dylan Yoder				
7	1995	8:27.79	Jeff Murtaugh, Dustin Kirchofner, Justin Thomas, Scott Brandt				
8	2012	8:28.01	Andrew Hershey, Kyle Halvorson, Eric Wangler, Kyle Volk				
9	1994	8:28.31	Jeff Murtaugh, Dustin Kirchofner, Scott Brandt, Dexter Voeller				
10	1992	8:29.28	Chad Nelson, Scott Brandt, Scott Frueh, Brent Hoffert				